

2022 St. Joseph's Liberty 5K Run/Walk

Race Date: Saturday, July 2 (Rain or shine)

Race Time: 8 AM

Where: Lucinda Train Station - 1040 Lander Drive, Lucinda PA 16235

Registration: Begins at 7:00 AM

Pre-Registration is strongly encouraged

Online registration: <u>https://runsignup.com/Race/PA/Lucinda/StJosephsLiberty5k</u> Facebook @StJoesLiberty5K – Check Facebook for COVID Guidelines (if any)

Entry Fee: \$20 Preregistered (Postmarked by June 17th to guarantee a t-shirt - *No Show, No Shirt*) \$25 Race Day (T-shirts are on a first come, first serve basis- limited supply and sizes)

Family Special: Each child under 18 receives \$5 off with a participating parent. All entry forms must be sent together. Running Awards: Top overall male and female finisher will receive a trophy. The top three male and female finishers in each age group will receive a medal: 14 and under, 15 – 19, 20 – 29, 30 – 39, 40 – 49, 50 – 59, and 60+ **Starting Line:** Lucinda Train Station (I-80 Exit 60, Rte 66 N for 10 miles to Lucinda, left on Maple Drive about ¼ mile **Parking:** parking is available in field near the Lucinda Train Station or at St. Joseph's Church lot. If parking at St. Joseph's it is a short walk to Train Station

Course: This year's race will take place on the scenic Rail 66 Trail in Lucinda and will start at the top of the hill on Maple Drive, out and back the Rail 66 trail. This will be a fast 5K with an elevation loss. Great for a PR. - <u>www.rail66.org</u> **Electronic Timing:** Timing will be provided by Miles of Smiles Timing Services. ****Results posted on** <u>smileymiles.com</u>**

> Don't forget to join St. Joseph's as we celebrate the 83th Annual 4th of July Celebration July 4 11 AM - 4 PM (S) Chicken & Ham Dinners (11 AM-3 PM) (S) Games of Skill & Chance Live Entertainment (S) Bingo (S) Over \$40,000 in Cash & Prizes

St. Joseph Parish Grounds, 112 Rectory Lane - Rt. 66 – Lucinda, PA 16235 stjoseph-stmichaelparishes.org

| Last Name: | | First Name: | | | Gender: M or | | | F | Race Day Age: | | | |
|---|---------|-------------|-----------------|---------------|--------------|--------|----|------|---------------|----|-----|--|
| Street: | | City: | | | State | | | Zip: | | | | |
| Phone: | | | Email Address:_ | | | | | | | | | |
| Event entered: | _5K Run | 5K FUN Walk | (| T-shirt size: | YS | YM | YL | AS | AM | AL | AXL | |
| Make checks payable to: St. Joseph's School | | | | Total Amour | nt Enc | losed: | | | | | | |

All entrants must complete a form and sign this release to participate. In consideration for accepting this entry and granting the right to participate in this event, I hereby agree for myself, my heirs, my executors, and administrators to waive any and all rights and any claims for losses and damages I may have against the sponsors, coordinating groups, and individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with the said event. I represent and affirm that I am in proper physical condition to participate in this event verified by a licensed physician and have sufficiently trained for the completion of this event. I give my permission for the free use of my name and picture in any broadcast, telecast or print media account of the event. I also hereby consent to permit emergency treatment in the event of injury or illness. I agree that should I fail to return my timing band; I will be responsible to reimburse St. Joseph's School a \$35.00 replacement fee. The undersigned has read and voluntarily signed this release waiver.

| Signature Data | te |
|---|------------------------|
| (Parent/Guardian must sign if participant is under 18 years of age) | |
| Contact: Wendy Smail (814) 227-8047 or Kristie Schmader (814) 227-4049 | For official use only: |
| Mail registration to: St. Joseph's Liberty 5K Run/Walk 4785 Paint Mills Rd Shippenville, PA 16254 | 1 BIB# |